

Honoring Your Wishes

How to understand care options and make end-of-life care choices.

Let's face it. Most people (including medical professionals) are uncomfortable talking about end-of-life care options. Most patients wait for their physicians to bring up the subject, while most physicians wait for their patients to initiate the conversation. All too often, the opportunity to have a meaningful and enlightening exchange between patient and physician is lost.

Yet it is clear that people experiencing serious illnesses really do want to understand their options for life-sustaining medical interventions before they near the end of life. They want to spare family members the burden of making these decisions. They also want ways to make their wishes clear to both family and medical care providers.

This one-hour seminar is designed for anyone who wants to understand what tools and services are available to help navigate these issues.

We Will Cover:

Advance Directives – what they are and what they can do for you.
POLST (Physician's Orders for Life Sustaining Treatment) – A powerful tool designed for patients dealing with serious illnesses to discuss specific plans in the event of a medical crisis.
Palliative Care – A new interdisciplinary medical approach to caring for seriously ill patients that is proven to increase both quality of life and lifespan.
Hospice Care – What it is, how it works and why it is an important part of end-of-life care.

DATE: Wed., May 18, 2011

TIME: 11:00A–12:00P

LOCATION: Cancer Care Associates
1791 East Fir
Fresno, CA.
Contact: Donna Oreizi
559-326-1222 ext 290

FACILITATORS: Jefferson Hills,
Amdal In-Home Care,
Inc.
California Coalition
POLST Educator

Richard S. Zarandin, RN,
CHPN
Clinical Manager
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Sponsored by:



The Coalition is a not-for-profit community organization whose members include local hospitals, hospice organizations, and other medical and care specialists. Our sole mission is to educate the community about end-of-life care options.

This is a free seminar. All are welcome.