



DIAGNOSTIC CT SCANS ONLY

PATIENT PREPARATION AND INSTRUCTIONS

You do not have to follow the low sugar diet. *If you are having a CT of your abdomen or pelvis, follow the ORAL CONTRAST instructions below.*

ORAL CONTRAST INSTRUCTIONS

You will need to drink 1 bottle of oral contrast; drink the first half of the bottle **1 hour** prior to your appointment. Drink the second half of the bottle **30 mins** prior to your appointment.

ALL PATIENTS

Four hours prior to your appointment you must stop eating. Drink only water 4 hours prior to your appointment. You may still take any and all of your regular medications you normally take.

Please dress warmly and wear comfortable clothing. Try to wear as little metal as possible such as jewelry, snaps, belt buckles and under wire bras. During the exam, you will lie on a table that moves through the scanner as pictures are taken. A contrast material (x-ray dye) may be injected into your vein during the exam. Notify your doctor if you are allergic to x-ray dye. The scan takes about ten minutes to perform. After the scan, you may resume your regular diet. If x-ray is used, drink **extra** fluids (if you are not on fluid restriction) to help flush the dye through your system.

Patients who are pregnant or breastfeeding should not undergo imaging. If there is any possibility of pregnancy, you should have a pregnancy test done prior to scheduling your appointment. Please notify us if you are pregnant or breastfeeding when you call to schedule your appointment.

Providing safe, quality patient care is our highest priority. To help ensure quality and safety, we ask that you **DO NOT BRING YOUNG CHILDREN** with you to your appointments, as children are not allowed to accompany you during imaging procedures. Staff is unable to monitor your child in your absence.

Please call us if you have any questions or concerns at 326-1222 ext 174